



FREQUENTLY ASKED QUESTIONS (FAQs)

What are the core values of Melbourne United that the STAND TALL program promotes?

SELFLESS- promotes a team-first attitude, emphasizing the importance of doing the little things and empowering others. It's about continuous improvement while supporting teammates.

INCLUSIVE- treats everyone equally, embracing diversity, and valuing fairness. It encourages welcoming and respecting everyone.

EXCELLENCE- involves striving to be the best in all endeavours, consistently challenging oneself to raise the bar and pushing boundaries through innovation.

Who is the target audience for the program?

The program is designed for primary school students in year 3 and 4.

How is the program structured in terms of sessions?

The **STAND TALL** program consists of four one-hour sessions, delivered to class groups (30 students maximum), across 4 consecutive weeks. Schools can expect a mix of classroom-based activities and on-court practical experiences that encourage students to adopt the values of selflessness, inclusivity, and excellence while building essential life skills. Each class is provided with resources to promote, support, and monitor students demonstrating these values for the duration of the program and beyond.

Is there a cost associated with the program?

Yes. Each **STAND TALL** 4-week program costs \$800 + GST per class (maximum 30 students per class). Once your program dates are locked in, an invoice will be sent to you for payment prior to the commencement of the program. If you would like to discuss options, please contact Suzanne Jenkins at suzanne.jenkins@melbourneutd.com.au or call (03) 9099 5500.

Who delivers the STAND TALL program in schools?

The program is delivered by trained facilitators who are knowledgeable and passionate about its content and objectives.

What are the main goals of the program?

The primary goals of **STAND TALL** are to help students reflect on and practice the thought habits and behaviours of Melbourne United players, equipping them with valuable life skills to create positive relationships and build resilience to face challenges both on and off the court.

How does STAND TALL align with educational standards and existing school programs?

STAND TALL was created by Helen Owies, Education Consultant with over 30 years' experience teaching in Primary and Secondary schools. Helen has a Bachelor of Education, Physical Education, and a Graduate Diploma of Psychology. The program aligns with the Australian Curriculum and the Victorian Rights, Resilience, and Respectful Relationships curriculum. It also aligns with many current Social and Emotional Learning (SEL) programs delivered in schools.

Can the program be tailored to the specific needs of a school or group of students?

While the program has a structured curriculum, it may be possible to discuss customisation or adaptations with the program facilitators to meet the specific needs of a school or group.

Is the STAND TALL program available in regions outside Metropolitan Melbourne?

We are keen to take **STAND TALL** into as many schools throughout Victoria as possible and the number of trained facilitators delivering the program is continuing to grow. It's best to contact Melbourne United Basketball Club for information on program availability in regions outside of Metropolitan Melbourne.

How can parents get involved in the STAND TALL program?

Many parents have already recognised the importance and benefits of **STAND TALL** and have actively promoted the program to school staff and endorsed its inclusion in the school curriculum. We encourage parents to inquire with their child's school about their involvement in the program and discuss potential ways to support the program's objectives at home.

I am a parent and I have handed a STAND TALL flyer to my child's school/teacher, now what?

If a booking has been made by your school, and you have been nominated as the referral contact, you will receive a family pass from Melbourne United staff to a United home game in the NBL24 season. Please note, it is your responsibility to make sure the school/teacher puts your name and contact information on the booking form. We cannot distribute a family pass if a) a booking has not been made at the school and b) teacher who booked the program has not quoted your name and contact information.